

# Institute for Integrative Bodywork & Movement Therapy

AN ISMETA APPROVED TRAINING AND PROFESSIONAL DEVELOPMENT PROGRAMME FOUNDED BY LINDA HARTLEY

## Diploma Check List

Here is a list to keep track of the Requirements for the Diploma. Further details can be seen in the Student Handbook: <https://ibmt.co.uk/ibmt-student-handbook/>

### Home Study Requirements:

- A journal of your experience during and between courses for your own reflections (for your own use)
- 1 hour a week peer practice (practicing the material from the seminars)
- 1 hour a week movement practice.
- Some background reading – reading lists are provided at the start of each module.
- A written paper each year of study, submitted by the final weekend of each academic year of study.
  - During the first few years of study the paper is on your 'Process of Embodiment' (2000 – 3000 words)
  - During your final module the paper is on a theoretical subject of your choice showing your understanding on IBMT (3000 – 4000 words)
- 24 Individual Sessions with an IBMT Diploma graduate to be completed before you hand in your case study.
- Submit your Module Record Sheet by the last day of each module (at the end of the academic year).

### In your last year of study:

- 6 Peer Client Sessions (working in the role of Practitioner with a peer as your client) plus short report (submitted on the penultimate weekend of the academic year)
- Presentation Written statement (to be sent a week before the last weekend)
- A Presentation to the Group (usually on the last weekend)

### Following completion of all Modules:

- Working with a Case Study client for 24 sessions.
- To be submitted by 1st May and 1st October within the 2 years after you have completed all modules.
- Submission of a Case Study Written Paper (5000 – 6000 words).
- Submission of a Video of a one-hour IBMT session.
- Complete and submit your Final Record Sheet – that gives details of Modules, Hours of Study, Written papers etc.
- On submission of the above, payment of a Final Assessment Fee (£180)

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